

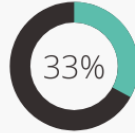


Latinx for Latinx:

Women's Circle



Know the Facts!



1 in 3 Latinas experience intimate partner violence (IPV)^[1]



1 in 12 Latinas experienced IPV within the last 12 months^[1]

- **Transitional age youth (TAY, 18-24) and millennials (25-34) experience the highest rates of IPV^[1]**
 - 63% of survivors experienced multiple acts of violence
- **Married immigrant Latinas experience higher rates of IPV than non-married immigrant Latinas^[1,2]**
 - 48% of survivors indicated that their partner's abuse had increased since immigrating
- **IPV often includes other forms of abuse such as financial abuse and sexual/reproductive manipulation^[1]**
 - 34% of Latina survivors experienced sexual/reproductive manipulation
- **Transgender Latinx men are more likely to experience some form of IPV^[3]**
 - 58% of survivors experienced manipulation/control and physical violence from their partner
- **Survivors indicated that the manipulation/control from their partner were related to their transgender status^[3]**
 - 27% of survivors stated their partners said they were not a "real" man or woman, threatened to "out" them by revealing their transgender status to others, or prevented them from taking hormones

Know the Signs!

Unhealthy Relationship

- **Control^[4]**
 - One partner makes all the decisions. Often tells the other partner what to do, how to do it, and when to do it.
- **Dishonesty^[4]**
 - Partner consistently lies and withholds information from the other partner.
- **Hostility^[4]**
 - One partner feels as if they have to "walk on eggshells" in order to avoid upsetting the other partner.

Healthy Relationship

- **Independence^[4]**
 - Each partner has friends outside of the relationship. The relationship has clear/loving boundaries and no heavy reliance on each other.
- **Physical Safety^[4]**
 - Each partner respects the others space. Both feel comfortable.
- **Sexual Respect^[4]**
 - Partners never force or manipulate each other into doing a sexual activity the other person isn't comfortable with.

Call to Action

Prevention

- **Youth Engagement^[5]**
 - Engaging in social/emotional youth programs could allow young adults to learn safe and healthy relationship skills.
- **Influential Adults/Peers^[5]**
 - Having influential adults engage in IPV prevention would allow for a family-based program, where the younger generation could learn to become allies and vocally advocate
- **Disrupt the Path Toward IPV^[5]**
 - Being a part of parenting skills/preschool enrichment programs could allow for early improvement in areas of parental care and child development.

Create a Strategy Plan

- **Staying Safe^[6]**
 - If possible, try to keep a small amount of money with you and have your phone at least 50% charged. Tell your children a safe space to go, such as a close friend or a relative's home.
- **Keep an Emergency Bag in a Safe Place^[6]**
 - Placing important items such as extra keys, medications, and photo identification are vital steps to ensure a faster exit.
- **Build Independence^[6]**
 - Counselors will always be here and keeping in touch with trusted family/friends allows for important vulnerability and healing.

Allyship

Don't Assume or Judge^[7]

- If you think someone is in an abusive relationship, ask. Express your concern and let them know your support is always there.
- Become acquainted with your own prejudice and beliefs about IPV. When you talk to a survivor about their experience, remember it's never your place to pass judgment.

Listen and Be Patient^[7]

- Take time out to listen and believe survivors, while also telling them how important they are to you and they deserve respect and love.
- The average abusive relationship lasts 6 years. Survivors attempt to leave the relationship 9 times before being able to break the cycle. Let the survivor know you're available and ready when/if they make a decision.

SF Resources

24/7 Crisis Intervention Hotlines

- **La Casa de Las Madres***
 - 1-877-503-1850 (Adults)
 - 1-877-923-0700 (Teens)
 - 1-415-200-3575 (Text)
- **WOMAN, Inc.***
 - 1-877-384-3578
- **Riley Center***
 - 1-415-255-0165

* Bilingual/Bicultural Staff

Confidential Shelters

- **La Casa de Las Madres**
 - 1269 Howard St
 - San Francisco, CA 94103
- **Riley Center**
 - 1175 Howard St
 - San Francisco, CA 94103

Drop-In Counseling

- **La Casa de Las Madres[†]**
 - M-F 9 AM - 4:30 PM
- **WOMAN, Inc.^{††}**
 - TBD
- **Riley Center[†]**
 - Th 9 AM - 12 PM
 - Th 1:30 PM - 4 PM

[†]In-Person

^{††}Via Zoom

[1] Learn More - Prevalence and Occurrence - National Latino Network, nationallatino.network.org/learn-more/facts-and-statistics/prevalence-and-occurrence

[2] Publications - Women of Color Network, Inc., wocninc.org/publications/

[3] New Report Illustrates Experiences of Transgender Latinas in the U.S., National Center for Transgender Equality, 26 Oct. 2017, transequality.org/press/releases/new-report-illustrates-experiences-of-transgender-latinas-in-the-us

[4] Washington & Lee University, www.wandlee.edu/centers/health-and-safety/undergraduate-health-and-safety/undergraduate-health-library/prevention/healthy-relationships

[5] Prevention Strategies | Intimate Partner Violence | Violence Prevention | Injury Center | CDC, Centers for Disease Control and Prevention, 9 Oct. 2020, www.cdc.gov/violenceprevention/ipv/intimatepartnerviolence/prevention.html

[6] Safety Plan - LEAP - Promoting Healthy Relationships, LEAP, www.leap.org/html/safety_plan.shtml

[7] National Avenue Family & Women's Center, www.nafwc.org/